



ALL SAINTS, NEWTON HEATH WEEK 1



| DAY | CHOICE 1 | CHOICE 2 | CHOICE 3 | PUDDING |
|------------------|---|---|---|---|
| Monday | Chicken in Tomato Sauce served with Wholewheat Pasta and Mixed Veg | Veggie Meatballs served with Herby Diced Potatoes, Mixed Veg and Gravy | Oven Baked Jacket Potato filled with Cheese, Beans or Tuna served with Carrot & Cucumber Sticks | Apple Crumble & Custard or Kiwi Fruit or Frozen Yoghurt |
| Tuesday | Cottage Pie served with Garden Peas & Crusty Bread | Vegetable Samosa with Tikka Masala Sauce served with Basmati Rice and Garden Peas | Tortilla Wrap filled with Tuna, Ham or Cheese served with Mixed Salad | Shortbread or Banana or Yoghurt |
| Wednesday | Roast Chicken Fillet or Quorn Chicken Fillet served with Roast Potatoes, Broccoli, Carrot & Turnip Medley, Stuffing and Gravy | Lentil & Tomato Soup served with Crispy Cheese Baguette OR Crispy Tuna Baguette | Oven Baked Jacket Potato filled with Cheese, Beans or Tuna served with Mixed Salad | Orange Jelly, Mandarins & Cream or Fresh Fruit Salad or Frozen Yoghurt |
| Thursday | Turkey Burger in a Bun served with Potato Waffles, Baked Beans and Mixed Veg | Tomato & Basi Pasta served with Mixed Veg and Garlic Flatbread | Crispy Filled Baguette filled with Ham, Cheese or Tuna served with Fruit & Veg Crudities | Chocolate Cookie & Milk Drink or Peaches & Berry Compote or Yoghurt |
| Friday | Tempura Fish Goujons served with, Herby Diced Potatoes, Broccoli and Sweetcorn | Cheese & Onion Lattice served with Potato Waffles, Broccoli and Sweetcorn | Oven Baked Jacket Potato filled with Cheese, Beans or Tuna served with Mixed Salad | Iced Vanilla Sponge or Apple Slice or Frozen Yoghurt |

Available Daily: Fresh Fruit and Bread!


If you have any questions about food allergens please speak to the kitchen team who will be happy to help.





ALL SAINTS, NEWTON HEATH WEEK 2



| DAY | CHOICE 1 |  CHOICE 2 | CHOICE 3 | PUDDING |
|------------------|---|--|--|--|
| Monday | Ham & Cheese Pizza served with Potato Smiles, Sweetcorn and Mixed Salad | Cheese & Tomato Pizza served with Potato Smiles, Sweetcorn and Mixed Salad | Crispy Filled Baguette filled with Ham, Cheese or Tuna served with Fruit & Veg Crudities | Chocolate Crunch & Milk Drink or Honeydew Melon or Frozen Yoghurt |
| Tuesday | Meat & Potato Pie served with Mushy Peas, Cabbage and Gravy | Cheddar & Mozzarella Pasta Bake served with Mixed Veg and Salad | Tortilla Wrap filled with Tuna, Egg or Cheese served with Mixed Salad | Summer Berry & Apple Flapjack or Fresh Fruit Salad or Yoghurt |
| Wednesday | Roast Beef served with Creamed Potatoes, Cauliflower, Broccoli, Yorkshire Pudding and Gravy | Vegetable Sausage served with Creamed Potatoes, Cauliflower, Broccoli, Yorkshire Pudding and Gravy | Oven Baked Jacket Potato filled with Tuna, Cheese or Beans served with Mixed Salad | Vanilla Ice Cream Roll & Peaches or Fresh Fruit Salad or Frozen Yoghurt |
| Thursday | Beef Meatballs in Tomato Sauce served with Pasta, Sweetcorn and Garlic Flatbread | Spicy Bean Burger served with Pasta, Sweetcorn and Garlic Flatbread | Crispy Filled Baguette filled with Ham, Cheese or Tuna served with Mixed Salad | Golden Crispies or Apple Slices or Yoghurt |
| Friday | Breaded White Fish Fillet served with Oven Baked Potato Wedges, Baked Beans and Salad | Chicken Goujons served with Chips, Baked Beans and Salad | Oven Baked Jacket Potato filled with Tuna, Cheese or Beans served with Mixed Salad | Sticky Toffee Pudding, Toffee Sauce & Cream or Kiwi Fruit or Frozen Yoghurt |

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ALL SAINTS, NEWTON HEATH WEEK 3



| DAY | CHOICE 1 |  CHOICE 2 | CHOICE 3 | PUDDING |
|------------------|---|---|--|---|
| Monday | Beef Spaghetti Bolognese served with Green Beans, Garlic Flatbread and Mixed Salad | Tuna & Sweetcorn Pasta Bake served with Green Beans, Garlic Flatbread and Mixed Salad | Oven Baked Jacket Potato filled with Cheese, Beans or Tuna served with Mixed Salad | Rice Pudding or Apple Slices or Yoghurt |
| Tuesday | Cumberland Sausage served with Creamed Potatoes, Mixed Veg and Gravy | Breaded Coddies served with Creamed Potatoes, Mixed Veg and Tomato Ketchup | Tortilla Wrap filled with Tuna, Cheese or Ham served with Mixed Salad | Grasmere Gingerbread or Honey Dew Melon or Frozen Yoghurt |
| Wednesday | Roast Turkey served with Roast Potatoes, Carrots, Savoy Cabbage and Gravy | Cheese & Egg Flan served with Roast Potatoes and Baked Beans | Crispy Baguette filled with Ham, Cheese or Tuna served with Mixed Salad | Flapjack & Milk Drink or Apple Slices or Yoghurt |
| Thursday | Cheeseburger in a Bun served with Oven Chips, Baked Beans and Cucumber Sticks | Quorn Chicken Fillet in a Bun served with Oven Chips, Baked Beans and Cucumber Sticks | Oven Baked Jacket Potato filled with Cheese, Beans or Tuna served with Mixed Salad | Chocolate & Pear Sponge & Chocolate Sauce or Fresh Fruit Salad or Frozen Yoghurt |
| Friday | Salmon Fish Fingers served with Boiled Potatoes, Garden Peas, Broccoli and Tomato Ketchup | Beef Stew served with Creamed Potatoes, Garden Peas and Broccoli | Tortilla Wrap filled with Tuna, Cheese or Ham served with Mixed Salad | Jam Roly Poly & Custard or Kiwi Fruit or Yoghurt |

Available Daily: Fresh Fruit and Bread!

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